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## FOR IMMEDIATE RELEASE

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# Jackie Och receives MHA Trustee Certification

**WADENA, Minn. – Jan. 17, 2024** – The Minnesota Hospital Association (MHA) recognized 16 hospital and health system trustees from across Minnesota for their successful completion of MHA’s rigorous and comprehensive trustee certification program. Jackie Och, a member of the Astera Health Board of Directors and the Todd County Health and Human Services Director, passed the certification.

“Hospitals and health systems are cornerstones for the communities they serve, and are facing a multitude of historic challenges,” said Dr. Rahul Koranne, MHA president and CEO. “MHA’s trustee certification program ensures that hospital and health system leaders are well-prepared for their roles.”

MHA’s trustee certification program provides hospital and health system trustees with training on current health care trends, governance best practices, ethics, government regulations, and patient safety and quality. Participants undergo 30 hours of coursework, making Minnesota’s program the most comprehensive in the nation.

Learn more at [asterahealth.org](https://asterahealth.org).

### **ABOUT ASTERA HEALTH**

Astera Health is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Astera Health operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit [asterahealth.org](https://asterahealth.org).

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