
FOR IMMEDIATE RELEASE

Emily Rastedt receives Daisy Award for Extraordinary Nurses

WADENA, Minn. – April. 09, 2024 – On April 3, Emily Rastedt, RN, received the Daisy Award for Extraordinary Nurses. This award is designed to celebrate nurses going above and beyond for patients.

Rastedt was nominated by a patient who was impressed with the care she and her child received at Astera Health.

“My 3-year-old daughter was having a very high fever, so I took her to the ER. While there, we were greeted by an incredibly kind nurse named Emily. She was so gentle with my daughter and after she did a couple of nose swabs, my daughter asked for a balloon. She took a glove and tried to blow it up. She was struggling and said she’d come back with one. After about 10 minutes, she came back with one for my excited daughter! She took the time to be kind and gentle with my daughter when she was feeling so sick, and I’m so thankful for that.” – Anonymous Patient

Rastedt was surprised with the award during an early morning shift. She and fellow medical staff members enjoyed pastries throughout the morning. Additionally, she received a special certificate.

If you received exceptional care and want to nominate a nurse, visit AsterHealth.org/daisy.

ABOUT ASTERA HEALTH

Aster Health is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Astera Health operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit asterahealth.org.



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