
FOR IMMEDIATE RELEASE

OB-GYN Beth Helgerson joins Tri-County Health Care

WADENA, Minn. – July 14, 2017 – Tri-County Health Care welcomed Beth Helgerson, M.D., to its Wadena Clinic team on July 17. Helgerson specializes in general obstetrics and gynecology and holds board certification from the American Board of Obstetrics and Gynecology.

Helgerson received a Bachelor of Science in physical therapy at the University of North Dakota and attended medical school at the University of North Dakota School of Medicine and Health Sciences. She completed her residency at the University of Missouri-Columbia Hospital and Clinics. Previously, Helgerson practiced in North Dakota, Wisconsin and, most recently, the Twin Cities.

A native of Stanley, North Dakota, Helgerson enjoys living in the Minnesota lakes country and often tries new recipes and restaurants in her spare time. She and her husband have two grown daughters.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as six satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Henning, Bertha, Ottertail, Sebeka, Verndale and Baxter. Visit www.tchc.org.

###

