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## FOR IMMEDIATE RELEASE

## Help improve the health of your community with survey

WADENA, Minn. – Jan. 15, 2019 – Do you have an opinion about how to make your community better? Here's your chance to help!

Every three years, the Morrison-Todd-Wadena Community Health Board along with CentraCare Health Long Prairie, CHI St. Gabriel's Health, Lakewood Health System and Tri-County Health Care work collaboratively to distribute a community health survey. The information gathered by this survey is used to identify health priorities and needs in the region. Past surveys have helped us to address issues such as substance abuse, food insecurity, access to mental health services, and senior nutrition.

In the coming weeks, the Morrison-Todd-Wadena Community Health Survey will be sent to a random sample of household addresses across Morrison, Todd and Wadena counties. If your household receives the survey, it is designed for one adult age 18 or older to fill out. If you have more than one adult in your household, please give the survey to the adult who has most recently had a birthday. Completing this survey is completely voluntary. All answers to the questions are strictly confidential and no personal information will be linked to any of the responses.

By filling out the survey, you are helping your local public health agency and hospital improve the health of your community. Past surveys have helped address issues such as substance abuse, food insecurity, access to mental health services and senior nutrition.

If you have any questions about the survey, please contact Katherine Mackedanz at 320-732-4452 or katherine.mackedanz@co.todd.mn.us.

## ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as five satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.

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