
FOR IMMEDIATE RELEASE

Tri-County Health Care to host flu clinics

WADENA, Minn. – Sept. 19, 2019 – Though it is early in the season, several positive influenza cases have been diagnosed in the area. In preparation for this season, Tri-County Health Care will host a flu clinic at each of its six rural clinics to administer the influenza vaccine.

According to the Centers for Disease Control and Prevention, influenza is a contagious respiratory illness caused by a virus. Severity of the illness ranges from mild to severe. Older individuals, children and those with certain health conditions are most at risk for complications. The best way to prevent the spread of influenza is to receive the flu vaccination.

Tri-County's flu clinics will be held on the following dates:

- Wadena
 - Wednesday, Oct. 16 & 30 – 7 a.m. to 5 p.m.
 - Monday, Oct. 21 – 7 a.m. to 6 p.m.
 - Wednesday, Nov. 13 – 7 a.m. to 5 p.m.
- Henning – Wednesday, Oct. 16 – 8 a.m. to 5 p.m.
- Verndale – Friday, Oct. 18 – 8 a.m. to 4:30 p.m.
- Ottertail – Monday, Oct. 21 – 8 a.m. to 4:30 p.m.
- Bertha – Tuesday, Oct. 22 – 7:30 a.m. to 6 p.m.
- Sebeka – Thursday, Oct. 24 – 8 a.m. to 4:30 p.m.

Visit TCHC.org for more information.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County operates a hospital and medical clinic in Wadena, as well as five satellite clinics and two physical therapy clinics across Wadena, Todd and Otter Tail counties. Satellite clinic locations include Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.

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