

Jessica Sly. Communications Specialist

Tri-County Health Care Marketing 415 Jefferson St. N. • Wadena, MN 56482

PHONE: 218-631-7460 EMAIL: jessica.sly@tchc.org

FOR IMMEDIATE RELEASE

Tri-County Health Care hosts orthopedic, arthritis seminars

WADENA, Minn. – Dec. 14, 2018 – Ben Robertson, M.D., orthopedic surgeon at Tri-County Health Care, will host three seminars focusing on arthritis, joint pain and the new joint replacement program at Tri-County. Robertson offers knee, hip and shoulder replacements, which are reliable options for those with damaged and arthritic joints when physical therapy, medication or life modifications don't help.

The seminars are free and open to the public. The content for each seminar will be the same, so community members need only attend one, if desired. Light refreshments will be served. The times and dates are as follows:

- Monday, Jan. 7, 5:30 to 6:30 p.m., Good Shepard Lutheran Church, Henning
- Monday, Feb. 4, 5:30 to 6:30 p.m., Wadena-Deer Creek Middle/High School Robertson Theatre, Wadena
- Monday, March 4, 5:30 to 6:30 p.m., Assumption of Our Lady Catholic Church, Menahga

To see alternate dates in case of inclement weather, visit TCHC.org. For more information about the seminars or orthopedics at Tri-County, contact Medley Shamp, joint care coordinator, at 218-632-8767

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as five satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.

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