
FOR IMMEDIATE RELEASE

TCHC midwife to offer care in Ottertail

WADENA, Minn. – June 24, 2019 – Women seeking primary or prenatal care now have another option at Tri-County Health Care’s Ottertail clinic. Dawn Dahlgren-Roemmich, certified nurse midwife, has begun offering midwifery services in Ottertail on Monday mornings.

Midwifery services include prenatal through postpartum care and certain primary care services for women from adolescence through menopause, such as well-woman exams. Midwifery takes a holistic approach to health care, looking at the complete picture from mental health to socioeconomic status to family dynamics. Midwives also focus heavily on patient education.

Dahlgren-Roemmich attended medical school at the University of Minnesota and is board certified through the American College of Nurse-Midwives. She joined the Tri-County team in 2017 and previously practiced in Shakopee for 14 years. She likes to incorporate aromatherapy, water births and nitrous oxide (laughing gas) for pain management into her services.

Dahlgren-Roemmich and her husband have four children, as well as three border collies, nine chickens, eight cats and nine horses.

“Striking commonality with people comes easy to me. I get what it’s like to be a working mom and juggle work and kids and activities,” Dahlgren-Roemmich said. “I try to meet people where they are, and my goal is to empower women to make healthy choices for themselves and their families.”

For more information or to schedule an appointment, call the Ottertail clinic at 218-367-6262 or visit TCHC.org/midwife.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County operates a hospital and medical clinic in Wadena, as well as five satellite clinics and two physical therapy clinics across Wadena, Todd and Otter Tail counties. Satellite clinic locations include Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.

###

