

Jessica Sly, Communications Specialist

Tri-County Health Care Community Relations/Marketing 415 Jefferson St. N. • Wadena, MN 56482 PHONE: 218-631-7460 EMAIL: jessica.sly@tchc.org

FOR IMMEDIATE RELEASE

Faren Elizabeth is first baby of the year at TCHC

WADENA, Minn. – Jan. 12, 2017 – The first baby of 2018 at Tri-County Health Care is baby girl Faren Elizabeth Lucas. Faren was born on Tuesday, Jan. 9, 2018, at 6:18 p.m. to Krysten and Will Lucas of Wadena. Faren weighed 7 pounds, 15 ounces, and was 21 inches long at birth. Her proud grandparents are Mike and Tammy Snyder and Wendy and Al Larson. She is Krysten and Will's first child.

Achieving the New Year's baby designation as late as Jan. 9 is quite a feat. With several of Tri-County's anticipated January babies arriving in December, the timing proved just right for Will and Krysten.

"We joked about [having the New Year's baby] all the time because we were worried for the first baby that she would go over her due date. We had a scheduled induction date of the 15th," Will said. "What was surprising is there was another woman in labor who got here before us. Then there's the fact that it's the 9th and no babies were born yet. We honestly didn't think that it would happen."

Baby Faren was delivered by Bobbi Adams, M.D. Throughout her entire pregnancy, Krysten received prenatal care at Tri-County, and she and Will were given the time they needed to have all their questions answered. "They go above and beyond and made us feel comfortable. There was no question about care," Will said of their experience at Tri-County. "This scares the crap out of me, my first child. I didn't know what to expect, but not once was I like, 'What do I do?'"

Krysten and Will are looking forward to jumping right in to the world of parenthood. "You just can't help but think what her life is going to be like," Krysten said. "To see what kind of person she's going to turn out to be and what her interests will be, we're excited to experience it all."

Families who deliver at Tri-County Health Care receive the following: \$40 Chamber Bucks, two movie tickets to the Cozy Theatre, 10 free visits to the Maslowski Wellness and Research Center, choice of prenatal or postpartum massage, choice of a case of diapers or infant car seat with car seat installation by a certified car seat technician, meals for birth partners, and a complimentary home visit by a TCHC nurse. Will and Krysten also received a complimentary photo shoot with Impressions by Sarah and a New Year's gift package.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as six satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Henning, Bertha, Ottertail, Sebeka, Verndale and Baxter. Visit TCHC.org.



###