
FOR IMMEDIATE RELEASE

Tri-County Health Care now offering chiropractic care

WADENA, Minn. – June. 03, 2021 – Tri-County Health Care now offers chiropractic care and welcomes Carissa Mitchell, DC. She is the newest provider to join the Tri-County Health Care team and brings a wealth of chiropractic experience to the region.

Our chiropractic offerings include:

- Consultation and assessments
- Patient education
- Basic adjustments
- Massage therapy

Chiropractic services coincides well with primary care, rehabilitation services, and other specialty offerings at Tri-County Health Care. Patients can now receive multi-tiered care through several providers and specialists.

Dr. Mitchell is a native of Sebeka and knows the area well. She found her passion for chiropractic care at a young age after accompanying her father to his chiropractic appointments. Dr. Mitchell attended medical school at Palmer College of Chiropractic and is certified by the National Board of Chiropractic Examiners. She and her husband purchased a chiropractic office in 2017, serving the Perham area.

Dr. Mitchell starts on June 15 and is now accepting patients. She will be working in the Wadena and Sebeka clinic locations. Please call 218-631-3510 to schedule an appointment. To learn more, visit TCHC.org/chiropractic and follow Tri-County Health Care on social media for regular updates.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County Health Care operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.

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