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## FOR IMMEDIATE RELEASE

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### Tri-County Health Care welcomes new ReadyCare providers

**WADENA, Minn. – Jan. 14, 2021** – New ReadyCare providers have joined the Tri-County Health Care team. Matt Cary, APRN, FNP and Stacy Grossman, APRN, FNP are already hard at work providing same day care. ReadyCare is devoted to injuries and illnesses that don't require emergency attention but could worsen if not addressed.

Matt is a Wadena native and has over 11 years of nursing experience and has been the ReadyCare manager since 2018. He is now reentering the department as a provider. He enjoys the outdoors and horseback riding. Stacy, a native of Staples, has 13 years of acute care experience as a registered nurse with a primary focus on emergency medicine. Stacy is adventurous and loves spending time with her family.

ReadyCare is for walk-in and same day care that isn't an emergency. Cuts, sinus infections, and ear infections are a few examples of commonly seen ailments. A preexisting relationship with a primary care provider is not necessary to use ReadyCare. ReadyCare can be accessed through the emergency entrance at Tri-County Health Care. Hours for ReadyCare are:

Monday - Thursday, 8:30 a.m. - 7 p.m.

Friday, 8:30 a.m. - 5 p.m.

Saturday, 8 a.m. - 12 p.m.

Sunday – Closed

For more information, please visit [TCHC.org/readycare](http://TCHC.org/readycare).

#### ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County Health Care operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit [TCHC.org](http://TCHC.org).

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