

is becoming Astera Health

Michael Denny, Content Strategist

415 Jefferson St. N. • Wadena, MN 56482 PHONE: 218-632-8181 EMAIL: michael.denny@tchc.org

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FOR IMMEDIATE RELEASE

2022 Sunnybrook Stomp brings out 60 runners

WADENA, Minn. – June. 13, 2022 – 60 runners gathered for this year's Sunnybrook Stomp 5k on Friday, June 10, at Sunnybrook Park in Wadena. Tri-County Health Care's Wellness Committee organizes the event, which started with a 1K for kids, followed by the 5K, which was comprised of 19 male and 41 female runners this year. All proceeds went to the Tri-County Health Care pediatric rehab program.

Bjorn Brunsberg of Wadena was the men's top finisher with a time of 18:39. Emily Winter of Clarissa was the women's top finisher with a time of 22:04.

Age Category winners included ages 0-12 – Reed Winter, Clarissa (28:40), Ellen Neuerburg, Perham (29:02); ages 13-20 – Bjorn Brunsberg, Wadena (18:39), Emily Winter, Clarissa (22:04); ages 21-30 – Emily Warner, New York Mills (23:33); ages 31-40 – Andrew Hay, Cavalier, ND (19:21), Katie Osborn, Tuscon, AZ (25:17); ages 41-50 – Ben Olson, Perham (21:30), Katrina Aho, New York Mills (29:09); ages 51-plus – Tom Ellingson, Menahga (22:02), Pam Doebbeling, Ottertail (28:07).

The committee is looking forward to next year's event, which will be the first under the new Astera Health name.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County Health Care operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.