
FOR IMMEDIATE RELEASE

Tri-County Health Care to host 40th annual Sunnybrook Stomp

WADENA, Minn. – April. 28, 2022 – Calling all area runners and walkers! Tri-County Health Care's 40th annual Sunnybrook Stomp 5K is Friday, June 10, at Sunnybrook Park in Wadena. Same-day registration opens at 5:30 p.m. The races begin at 6:30 p.m., starting with a Kids 1K, followed immediately by the 5K.

The cost for the 5K is \$25 for adults and \$20 for children 12 or younger. Adult T-shirts are guaranteed for those that register by May 16. After that, t-shirts are only available while supplies last. The Kids 1K for ages 10 or younger is free, and all children who participate will receive a medal.

After the race, prizes will be given to random race finishers and the top finisher in each division. All kids participating in the 1K will receive a prize.

The 5K course is a snapshot of Wadena – it includes the park, industrial, health care and residential areas of the northeast side of Wadena.

All proceeds of the Sunnybrook Stomp will benefit the Tri-County Health Care pediatric rehab program.

Pre-registration is recommended. Early registration deadline is May 16. For more information or to register, visit runsignup.org and search "Sunnybrook Stomp" or visit TCHC.org/events to find the direct link.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County Health Care operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.



is becoming **Astera Health**

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