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## FOR IMMEDIATE RELEASE

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# FDA approves Moderna and Pfizer booster for adults

**WADENA, Minn. – Nov. 23, 2021** – On Nov. 19, the U.S. Food and Drug Administration approved Moderna and Pfizer COVID-19 vaccine boosters for adults 18 and older.

The booster dose is recommended for individuals that completed an mRNA sequence at least six months ago. The purpose of a booster is to enhance the protective benefit of the vaccine in preventing COVID-19 infections. This helps prevent COVID-19 illness and hospitalization. The Advisory Committee on Immunization Practices released the following guidelines:

These individuals should receive the booster

- 50 and older
- 18 and older living in a long-term care facility

These individuals may receive the booster

- Adults 18 and older

Anyone who received Johnson & Johnson COVID-19 vaccine should get a booster dose of any of the two approved vaccines at least two months after the first dose.

Studies indicate the COVID-19 infection rate is 11 times lower roughly two weeks after the booster dose. The rate of severe COVID-19 infection is almost 20 times lower following the booster dose.

The booster is available at Tri-County Health Care. For more information about COVID-19 and Tri-County Health Care's immunization efforts, visit [tchc.org/covid19](https://tchc.org/covid19).

### **ABOUT TRI-COUNTY HEALTH CARE**

Tri-County Health Care is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County Health Care operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit [TCHC.org](https://TCHC.org).



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