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## FOR IMMEDIATE RELEASE

## **Family nurse practitioner joins Tri-County team**

**WADENA, Minn. – Nov. 19, 2018** – Sada Aschnewitz, family nurse practitioner, has joined the Tri-County Health Care team to practice family medicine at the Wadena clinic.

Aschnewitz practiced as a registered nurse for seven years, most of which took place in surgery, home health and hospice at Altru Health System in Grand Forks, North Dakota. She is board certified by the American Academy of Nurse Practitioners and is a member of the American Association of Nurse Practitioners. Her special interests are preventive health, women's health and pediatrics.

According to Aschnewitz, growing up on a dairy farm north of New York Mills helped lead her to the nursing profession, as did an internship at Tri-County. "Tri-County Health care has a deep passion for mentoring individuals and promoting health in the surrounding communities," she said. "I am excited to participate in this culture."

Aschnewitz and her husband have two daughters, and they enjoy outdoor activities including biking, fishing and snowshoeing.

For more information or to make an appointment with Aschnewitz, call 218-631-3510 or visit TCHC.org.

## ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as six satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Henning, Bertha, Ottertail, Sebeka, Verndale and Baxter. Visit TCHC.org.

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