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FOR IMMEDIATE RELEASE

TCHC Sebeka Clinic hosts holiday open house

WADENA, Minn. – Dec. 3, 2018 – The public is invited to attend a holiday open house at Tri-County Health Care's Sebeka clinic on Monday, Dec. 17, from 2 to 5 p.m.

Guests can enjoy apple cider, coffee and Christmas cookies while visiting with the Sebeka clinic's providers, Dawn Sugg, family nurse practitioner, and Dawn Dahlgren-Roemmich, certified nurse midwife. Attendees can also sign up for a chance to win a \$25 Hub 71 gift card.

Sugg joined the Sebeka clinic in the fall and provides care for every stage of life. She loves incorporating all aspects of her nursing experience into patient-provider relationships to improve health outcomes. After she received her RN, she moved to Montana and worked in a newborn nursery, obstetrics, medical/surgical and emergency department. The last seven years of her nursing career were spent as a flight nurse, transporting critical care patients via fixed wing aircraft to trauma medical centers. She and her husband have three children and a yellow lab.

Dahlgren-Roemmich joined the Sebeka clinic last year and offers holistic care from prenatal through postpartum and certain primary care services for women from adolescence through menopause. She specializes in water birth and nitrous oxide (laughing gas) and likes to empower women to make healthy choices for themselves and their families. She and her husband have four children, as well as a bunny, two border collies, three horses and a pony. She works Mondays at the Sebeka clinic and Tuesdays, Wednesdays and Fridays at the Wadena clinic.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as five satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.

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