
FOR IMMEDIATE RELEASE

Tri-County hosts 37th annual Sunnybrook Stomp

WADENA, Minn. – May 31, 2017 – Lace up your running shoes and get ready for Tri-County Health Care's 37th annual Sunnybrook Stomp 5K Run/Walk on Saturday, June 23, at Sunnybrook Park in Wadena. Registration opens at 7:30 a.m.

A Kids 1K will begin at 8:30 a.m., followed immediately by the 5K. Refreshments will be served following the race.

The 5K early-bird cost is \$15 for adults and \$10 for children 12 or younger before Friday, June 8. After June 8, the cost is \$20 for adults and \$15 for children. For the Kids 1K, the cost is free without a T-shirt or \$10 with a T-shirt. You must pre-register prior for June 8 to guarantee a T-shirt. Additional shirts are available while supplies last.

Prizes will be given away after the race to random race finishers and to the top finisher in each division. All kids participating in the 1K will receive a prize.

The 5K course is a snapshot of Wadena – it includes the park, industrial, health care and residential areas of the north east side of Wadena.

Pre-registration is recommended. For more information or to register, visit www.tchc.org or contact Jenn Wolfenbarger at 218-631-7540 or jenn.wolfenbarger@tchc.org.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as six satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Henning, Bertha, Ottertail, Sebeka, Verndale and Baxter. Visit www.tchc.org.

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