
FOR IMMEDIATE RELEASE

Tri-County Health Care's new event Wellebrate is April 29

WADENA, Minn. – April 5, 2019 – Tri-County Health Care invites everyone to attend its new community event Wellebrate, a combination of Men's Night Out and Women's Day Out. The event is free and will be held on Monday, April 29, from 5 to 8 p.m. at Wadena-Deer Creek High School. Lindsay Whalen, University of Minnesota women's basketball head coach, four-time Minnesota Lynx WNBA champion and two-time Olympic gold medalist, is the keynote speaker.

The purpose of Wellebrate is to promote and celebrate wellness in local communities. The evening will kick off at 5 p.m. with educational booths, meet and greet with Lindsay Whalen, and a light meal. Please note: In order to protect local student athletes and follow NCAA regulations, all high school student athletes and their families are restricted from receiving an autograph or having their picture taken with Whalen.

From 6:15 to 8 p.m., Wellebrate attendees can hear from Tri-County President and CEO Joel Beiswenger about the current state of health care and Ben Robertson, M.D., about joints and arthritis, followed up with a keynote by Whalen.

Whalen is a five-time WNBA all-star and was the first player in WNBA history to achieve 5,000-plus points, 2,000-plus assists and 1,500-plus rebounds. During her career as a Minnesota Gopher, she was a three-time Academic All-Big Ten First Team and led the Gophers to the NCAA tournament three straight years, including its first-ever Final Four appearance in 2004. She holds Minnesota career records in points, scoring average, games in double figures, free throws made and free throw percentage. She is the only four-time team MVP in U of M history.

Pre-registration is not required. For more information, visit TCHC.org.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Tri-County operates a hospital and medical clinic in Wadena, as well as five satellite clinics and two physical therapy clinics across Wadena, Todd and Otter Tail counties. Satellite clinic locations include Bertha, Henning, Ottertail, Sebeka and Verndale. Visit TCHC.org.

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