
FOR IMMEDIATE RELEASE

First baby born at Astera Health

WADENA, Minn. – Mar. 29, 2023 – Astera Health celebrated its first birth at the new campus on Mar. 23, 2023, at 4:22 a.m. Carly Drake and Dalton Beach-Bittner welcomed Bristol Kay Beach-Bittner into the world.

The young couple enjoyed a birth without complications and issues. When informed of the milestone moment, the parents were immediately ecstatic about being a part of Astera Health history.

When asked about her care, Drake simply responded with “10 out of 10! I love Dr. Julie Meyer.” Drake commented that Dr. Meyer was a driving force behind choosing Astera Health as the facility to give birth at. She also commented on the quality of the nursing staff and the functionality of the new birthing rooms.

The new Astera Health campus opened its doors on Mar. 18 with a grand opening event. Since then, patients began using the facility and its various amenities. For more information, visit asterahealth.org.

ABOUT ASTERA HEALTH

Astera Health is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Astera Health operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit asterahealth.org.

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