
FOR IMMEDIATE RELEASE

Sunnybrook Stomp returns on June 9

WADENA, Minn. – May. 12, 2023 – The Sunnybrook Stomp 5K will make its return on June 9. The 5K run/walk will be at Sunnybrook Park in Wadena at 6:30 p.m. Prior to the main race, there will be a free Kids 1K.

Registration is available online, and people are encouraged to register before May 22 to guarantee a race t-shirt. Same-day registration will be allowed after 5:30 p.m.

The cost for the 5K is \$25 for adults and \$20 for children 12 or younger. The free Kids 1K is for ages 10 or younger. Children that participate will receive a medal.

The 5K course is a snapshot of Wadena – it includes the park, industrial, healthcare, and residential areas of the northeast side of Wadena.

To register, visit asterahealth.org/events or contact Sarah Maninga at 218-639-3949.

ABOUT ASTERA HEALTH

Aster Health is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Aster Health operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit asterahealth.org.

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