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FOR IMMEDIATE RELEASE

Astera Health honored at UCare's "A Salute to Excellence!" awards ceremony

MINNEAPOLIS, Minn. – Oct. 25, 2023 – UCare held its 15th annual "A Salute to Excellence!" event Thursday evening, Sept. 21, at the Delta Hotels in northeast Minneapolis to recognize 21 clinics and care systems with top results in 2022 Healthcare Effectiveness Data and Information Set (HEDIS) measures – including preventive care, disease management, behavioral health, maternity care, care transitions, and medication management. Astera Health was honored for improving the health of UCare members enrolled in Medicare plans.

"Astera Health was recognized for being #1 in the state for our patients adhering to medication therapy for a hypertension diagnosis. This effort is a coordination between the patient, provider, nursing, and pharmacies to clearly and consistently display the importance of managing and controlling hypertension. It also showcases the impact of our patient-centered approach to care," said Medley Shamp, Chief Ambulatory Officer at Astera Health.

This year's "A Salute to Excellence!" evening was attended by more than 50 healthcare clinicians and staff.

"At UCare, we are deeply grateful for the extraordinary efforts our healthcare partners take to put their patients and UCare members first," said UCare President and CEO Hilary Marden-Resnik at the event. "This evening of celebration, gratitude, and awards is one of the highlights of the year. We enjoy taking the time to recognize healthcare partners like you who enable us to fulfill our quality care promise to members."

For more information, visit asterahealth.org.

ABOUT ASTERA HEALTH

Astera Health is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Astera Health operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit asterahealth.org.



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