

Guest Speakers



Richie Rexach, NRP/CP, has been involved in Emergency Medical Services for nearly 30 years. He currently serves as a community paramedic for Astera Health since 2017. He became an Emergency Medical Technician (EMT) in 1994, and in 1995 joined the

professional firefighter ranks of the Colorado Springs Fire Department as a firefighter at one of the busiest downtown firehouses in the nation. He became a paramedic in 2000 after successfully completing the program at UCCS Bethel College of Nursing. In 2016, he moved to the sprawling town of Verndale, MN to care for his aging parents. He is a certified ACLS, PALS, BLS, and EMT Course instructor and was part of the adjunct faculty at Pikes Peak Community College in Colorado Springs as lead EMT and Paramedic Course instructor.

Sgt. Brad Thesing, Commander

Crow Wing County Sheriff's Department, will speak on Bomb Squad Operations and Capability.

Agenda

- 1700-1710 **Welcome and Introduction**
Chad Olson, NRP/FP-C
- 1710-1730 **Astera Health Status Update and Message to EMS**
Joel Beiswenger President and CEO
- 1730-1830 **Case Review Medley**
Rachel Redig, MD Medical Director
- 1830-1845 **Break**
- 1845-1945 **Altered Mental Status Evaluation and Causes**
Richie Rexach, NRP/CP
- 1945-2000 **Break**
- 2000-2100 **Crow Wing County Sheriff's Bomb Squad Operations and Capability**
Sgt. Brad Thesing, Commander
Crow Wing County Sheriff's Dept.
Bomb Squad
- 2100-2115 **External Awards/Recognition Closing Remarks**
Chad Olson, NRP/FP-C

* Astera Health EMS awards will be presented at next meeting; CE certificates will be emailed to registered attendees or those on departmental combined sign in sheets.

Sponsored by:



FOR MORE INFORMATION, CONTACT:

THOMAS KRUEGER, NREMT-P
thomas.krueger@asterahealth.org
218-632-8738



37th Annual EMS Program

– HYBRID EVENT –
TUESDAY, MARCH 12
5-9 P.M.

KARVONEN'S FUNERAL HOME
419 2nd St NE, Wadena, MN 56482



Astera Health
EMERGENCY
MEDICAL SERVICES

Target Audience

EMS Personnel: First responders, emergency medical technicians, paramedics, emergency room nurses, emergency medical service educators and emergency personnel from fire and police departments are encouraged to attend.

This four-hour program is designed to provide education for personnel in the EMS system.

Credits

This program meets criteria for continuing education established by the National Registry of EMTs for three continuing education hours. This course has been approved by the Peace Officers Standards and Training Board (POST) for continuing education credit. Officers are expected to keep a record of the continuing education courses they have attended and be able to verify their attendance. Online registration at asterahealth.org/events is required to receive credit for the three continuing education hours. Training vendors are encouraged to give officers a certificate of completion or other proof of completion for the officers' records. The proof of completion must contain the name of the training provider, course title, instructor name, date and hours attended.



Program Faculty



Chad Olson, NRP/FP-C, became an EMT in 2015 and began employment with Astera Health that same year. He has obtained additional certifications as a DOT and AHA instructor. As a volunteer firefighter with Clarissa Fire Department since 2012, he has held various positions as an officer and is currently serving as a captain. He graduated with honors from NDSCS paramedic program in 2021 and obtained FP-C (certified flight paramedic) in 2023. He is currently serving as the interim EMS manager.



Tom Krueger, NRP/CP, CCEMT-P, is the EMS Education and Emergency Management Coordinator for Astera Health. He is a 1991 graduate of Davenport College CSEMS in Grand Rapids, Michigan (Paramedic) and a 2022 graduate of SCTCC with an AAS in Paramedicine. Tom is also credentialed as a Community Paramedic and Critical Care Paramedic (UMBC). He started his Paramedic career in Wisconsin and then moved to Chicago where he served as a Paramedic Officer with the Cicero Fire Department and an EMS Instructor and Field Preceptor for the Loyola University EMS System. Tom has served in EMS, Law Enforcement, the Fire Service, and Emergency Management over a 35-year career. In addition to his role at Astera Health, Tom enjoys doing outreach education with the CALS Program in the greater Minnesota area.



Rachel Redig, MD, has been an emergency room physician at Astera Health since 2017. Dr. Redig serves as Chief of Staff, Medical Director of the emergency department, Medical Director of EMS, and on the Astera Health Board of Directors. She attended the University of North Dakota School of Medicine and Health Sciences and completed her residency at Grand Rapids Medical Education Partners in Michigan. Board certified in Emergency Medicine for 10-plus years.

37th Annual EMS Program

Name: _____

Address: _____

Phone: _____

Email: _____

Organization/Employer:

Check One:

☐ First Responder	☐ M.D.
☐ EMT	☐ Police
☐ Paramedic	☐ Fire
☐ RN	☐ Other: _____

FREE Event!

Scan below to register:



Visit asterahealth.org/events
to view the virtual event

If any questions, please contact:
Tom Krueger / EMS Department
thomas.krueger@asterahealth.org 218-632-8738