



415 Jefferson St. N. • Wadena, MN 56482

PHONE: 218-632-8181 EMAIL: michael.denny@asterahealth.org

asterahealth.org

## FOR IMMEDIATE RELEASE

# Ryan Anderson completes second year on Astera Health board

**WADENA, Minn. – Mar. 18, 2024 –** Ryan Anderson recently completed his two-year term as chairperson of the Astera Health Board of Directors. He was awarded a special plaque for the milestone.

Anderson served during a significant time of change at Astera Health. Projects completed include opening the new hospital and clinic, rebranding to Astera Health, and the decision to engage with CentraCare in building a new cancer center, slated for opening in 2025.

"Ryan was always a delight to work with. He is highly-intelligent and brings a calming, thoughtful approach in our decision-making. I have appreciated him more than I can express these past two years," Joel Beiswenger, President & CEO of Astera Health.

Astera Health is overseen by an 11-member Board of Directors made up of volunteers from around Central Minnesota. These individuals are often prominent community members, business owners, and professionals. They have the responsibility to establish policies and strategic direction for Astera Health.

The Astera Board appoints members in leadership positions every two years on a rotational basis. The Board Chair carries significant responsibilities during the term, including leading board meetings, approving various board actions, and serving as a partner with the CEO. The Chair serves the following two-year terms as Secretary and then Vice-Chair.

For more information about Astera Health and its governing board, please visit asterahealth.org.

#### **ABOUT ASTERA HEALTH**

Astera Health is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Astera Health operates a hospital and medical



### Michael Denny, Content Strategist

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clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit asterahealth.org.

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