
FOR IMMEDIATE RELEASE

Astera Health Renews CALS Certification

WADENA, Minn. – April 8, 2025 – Astera Health recently renewed its Comprehensive Advanced Life Support (CALS) certification. Astera Health has been a CALS-certified hospital for over two decades.

CALS is an education program designed to prepare medical personnel in rural settings to anticipate, recognize, and treat life-threatening emergencies. Developed in Minnesota in 1996, CALS training emphasizes a team-based systematic approach to situations. It covers a broad range of topics: airway management, cardiac care, endocrine emergencies, environmental emergencies, infections, metabolic disorders, neonatal care, neurological conditions, obstetrics, pediatrics, respiratory issues, toxicology, and trauma.

CALS training honors rural healthcare facilities and the communities they serve by teaching advanced lifesaving techniques. This specialized training benefits every hospital department serving patients in critical situations.

Several Astera Health staff members have completed this extensive training program and received a plaque in recognition of their achievement. The first course was held on May 21, 1999, with 23 participants. Since then, 16 courses have been completed, and approximately 296 staff members have completed CALS training.

For more information on CALS, please visit calsprogram.org.

ABOUT ASTERA HEALTH

Astera Health is an independent, not-for-profit healthcare organization dedicated to improving community health for over 100 years. Guided by our vision to be your trusted partner for life, we provide comprehensive, patient-centered care in orthopedics, oncology, urology, ENT, chiropractic care, women's health, and diagnostic imaging.

Our hospital, clinic, and cancer center in Wadena, along with five satellite and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka, and Verndale, serve Wadena, Todd, and Otter Tail counties. Our hospital features surgery suites, labor and delivery, lab, rehab services, and 24-hour emergency care. We are committed to expanding specialized care, advancing innovation, and enhancing care.