



415 Jefferson St. N. • Wadena, MN 56482

PHONE: 218-632-8181 EMAIL: michael.denny@asterahealth.org

FOR IMMEDIATE RELEASE

Minnesota Department of Health Recertifies Astera Health as a Level 3 Health Care Home

WADENA, Minn. - May. 13, 2025 - The Minnesota Department of Health has recertified Astera Health as a Level 3 Health Care Home. Originally certified in 2015, Astera Health's clinics in Bertha, Henning, Ottertail, Sebeka, Verndale and Wadena met a set of rigorous standards to provide patient and family-centered care and will continue working to improve the quality, experience, and value of care.

Health Care Homes provide complete care ranging from disease prevention to management of complex and chronic conditions and are dedicated to meeting the highest standards for health care delivery. Certified Health Care Home clinics offer a team-based approach to primary care that makes it easier for patients to communicate and partner with their care team. They are their patient's home for health care.

A Health Care Home coordinates care with specialists and community services to ensure patients receive what they need to stay healthy and improve and manage their health. This includes expanded access to appointments, 24/7 access to a clinic representative, proactive planning for care, designated patient care coordinators, and an overall focus on quality improvement.

Astera Health is proud to announce that its primary care clinics have been certified by the Minnesota Department of Health as Level 3 HCHs. This means that all clinics have met the requirements of the Foundational Level of certification as well as those of Level 2, which require work to reduce disparities, enhance health equity, and strengthen partnerships with the community. To reach Level 3 certification, the clinics have also done considerable work to integrate care delivery with the community, including contributing to the community health needs assessment and population health improvement process, as well as playing a role in implementing and monitoring the progress of community health improvement efforts.

"Congratulations to Astera Health! Sustaining certification as a Health Care Home signifies a primary care clinic's dedication to taking care of people seeking health care in the best possible way. The systems that Astera Health has put into place to become certified as a Level 3 Health Care Home support patients and their families on their health



Michael Denny, Content Strategist

415 Jefferson St. N. • Wadena, MN 56482

PHONE: 218-632-8181 EMAIL: michael.denny@asterahealth.org

asterahealth.org

FOR IMMEDIATE RELEASE

care journey while addressing the needs of those who live in the communities served," David Kurtzon, MDH Health Care Homes Director.

More information on health care homes is available at https://www.health.state.mn.us/facilities/hchomes/index.html

ABOUT ASTERA HEALTH FOUNDATION

The Astera Health Foundation is a private charity established in 1994 by the hospital to attract and administer charitable funds for the benefit of the communities and surrounding areas served by Astera Health. Tax deductible gifts support education, technology, patient care and equipment. Financial donations stay local and have a direct and lasting impact on your family, friends and neighbors.

###