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## **FOR IMMEDIATE RELEASE**

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# **Hospital Association Recognizes Astera Health for Coordination of Care**

**WADENA, Minn. – June. 20, 2025** – 71 hospitals, health systems, and medical professionals from across the state were recognized by the Minnesota Hospital Association for their efforts to bolster the workforce, tell impactful healthcare stories, and improve quality and safety in Minnesota’s nonprofit hospitals and health systems. The awards were presented at MHA’s 2025 Spring Innovation Forum.

“Healthcare professionals make an impact on the lives of individuals and the well-being of our communities every day,” said MHA President and CEO Rahul Koranne. “We’re grateful for this opportunity to celebrate the talented teams and individuals leading this work.”

Astera Health was recognized by the MHA for excellent coordination of care by health coaches. Chief Ambulatory Officer Medley Shamp, Lindsey Olson, RN, and Melinda Dukek, RN, were presented with the award at the event. Health coaches support the well-being of patients by helping them with various medical goals and education and keeping them on track with medicine and treatments.

“Our patients depend on quality care that doesn’t end when the exam room door closes. Our health coaches routinely go above and beyond to make sure patients are hitting their goals. I couldn’t be prouder of this team,” said Medley Shamp, Chief Ambulatory Officer for Astera Health.

For more information about Astera Health’s care coordination and health coaches, visit [AsterHealth.org](https://AsterHealth.org).

### **ABOUT ASTERA HEALTH**

Astera Health is an independent, not-for-profit healthcare organization dedicated to improving community health for over 100 years. Guided by our vision to be your trusted partner for life, we provide comprehensive, patient-centered care in orthopedics, oncology, urology, ENT, chiropractic care, women’s health, and diagnostic imaging.



**Michael Denny**, Content Strategist

415 Jefferson St. N. • Wadena, MN 56482

**PHONE:** 218-632-8181 **EMAIL:** michael.denny@asterahealth.org

**asterahealth.org**

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Our hospital, clinic, and cancer center in Wadena, along with five satellite and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka, and Verndale, serve Wadena, Todd, and Otter Tail counties. Our hospital features surgery suites, labor and delivery, lab, rehab services, and 24-hour emergency care. We are committed to expanding specialized care, advancing innovation, and enhancing care.

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