THE DIFFERENCE BETWEEN A MEDICARE ANNUAL WELLNESS VISIT AND AN ANNUAL PHYSICAL

	Medicare Annual Wellness Visit	Annual Physical
Purpose	To develop or update a personalized prevention plan to help you stay healthy and prevent disease.	To assess your current overall health and diagnose or treat any new or existing medical problems.
Coverage	Fully covered by Medicare once every 12 months for beneficiaries with Part B for over a year.	Not covered by Original Medicare. May be covered by a Medicare Advantage plan. You may need to pay out-of-pocket costs depending on your coverage.
Procedure	A conversation with your healthcare provider based on a Health Risk Assessment questionnaire.	A hands-on exam that involves a physical check of your body.
Includes	• Review of medical and family history • Routine measurements like height, weight, and blood pressure • Cognitive function assessment • Review of current medications • Health advice and a checklist for preventative screenings	• Head-to-toe physical examination • Ordering lab work and blood tests • Updating vaccinations • Detailed exam of your heart, lungs, and abdomen • Screenings for specific conditions
Does NOT Include	Hands-on physical exams, lab tests, and treatment of new or existing conditions.	Wellness planning and health risk assessment (these are often included in a separate wellness exam portion).
Potential Extra Costs	If a new health issue is discussed or treated during the same	Your insurance may require a copay, deductible, or coinsurance,

	appointment, you will likely have a copayment or deductible for that portion of the visit.	especially if blood tests or other diagnostic services are needed.

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