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## Astera Health welcomes first baby of 2026

**WADENA, Minn. – Jan. 6, 2025** – Astera Health celebrated the first birth of 2026. On January 2 at 5:22 p.m., Beth and Jesse Mitchell welcomed Quinn Beth in the Obstetrics department at Astera Health. Dr. Shaneen Schmitt delivered baby Quinn, assisted by nurse Sharon Cottrell.

Quinn weighed 8 pounds, 12 ounces, and was 20.5 inches long at birth. She has five siblings: Emery, Hayden, Sutton, Lennox, and Warren. Her grandparents are Charlie and Mary Schornack, and Matt and Stacey Mitchell.

The family received a care package from the Astera Health Foundation to commemorate the special occasion. The package included baby toys, diapers, bathing tub, and baby supplies placed in a wagon and presented to the parents before they were discharged.

For more information about birthing services, please visit [asterahealth.org](http://asterahealth.org).

**Photo Caption (AsteraHealth\_NewYearsBaby\_2026\_Quinn):**

L-R: Sharon Cottrell, RN, Dad and Mom – Jesse and Bethany Mitchell with Baby Quinn, and Dr. Shaneen Schmidt welcomed Astera Health's first baby of 2026 on January 2.

### **ABOUT ASTERA HEALTH**

Astera Health is a private, not-for-profit health care system based in Wadena, Minnesota. It offers care services such as primary health, surgery, cancer care, diagnostic imaging, obstetrics, orthopedics and rehabilitation. Astera Health operates a hospital and medical clinic in Wadena, and serves the counties of Wadena, Todd and Otter Tail through five satellite clinics and two physical therapy clinics in Bertha, Henning, Ottertail, Sebeka and Verndale. Visit [asterahealth.org](http://asterahealth.org).

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