

## Guest Speakers



**Molly Murch, MSN, RN-BC, SCRN, CBIS, Stroke Program Educator**, is the Stroke Program Educator at Essentia Health in Fargo, ND. She earned her BSN (2008) and Master's in Nurse Education (2020) from the University of North Dakota. Molly has 16 years of Med/

Surg experience and 6 years as a nurse educator, including 4.5 years in her current stroke educator role.

Raised in rural North Dakota, she is passionate about delivering stroke education to patients, families, nurses, EMS, students, and rural communities, including critical access hospitals and local organizations.



**Ryan Telford, BSN, RN**, is an experienced nurse with a background in Emergency Nursing, Cardiac Catheterization, and Nursing Education. He began his healthcare career as a nurse assistant in the ER, where his passion for

nursing took shape. After earning his LPN (2002) and ADN (2003), he worked as an ER nurse at Sanford, cross-trained to ICU, and developed a strong interest in cardiac care.

In 2008, Ryan became a Cath Lab nurse at Essentia Health and later earned his BSN from North Dakota State University (2010). He went on to serve as ER Nurse Educator in Fargo (2012), leading new nurse orientation, developing staff learning programs, and coordinating the ND-SIM rural simulation program. In 2017, he returned to the Cath Lab, and in 2020 became the Chest Pain and STEMI Program Manager for Essentia Health, combining his passions for cardiac care, education, and process improvement.

Outside of work, Ryan enjoys sports, music, travel, and time outdoors with his wife, Lyn, and their two children. He plays drums in a band, loves trivia and Seinfeld, has lived in eight states, and hopes to visit—or someday live in—Europe.

## Agenda

- 1700-1705 **Welcome and Introduction**  
Chad Olson, NRP/FP-C
- 1705-1715 **Astera Health Status Update and Message to EMS**
- 1715-1815 **Case Review Medley**  
Rachel Redig, MD, Medical Director
- 1815-1845 **Dinner Break**
- 1845-2000 **CVA/Stroke in the Pre-Hospital Setting**  
Molly Murch, MSN, RN-BC, SCRN, CBIS, Stroke Program Educator
- 2000-2015 **Break**
- 2015-2130 **Cardiovascular Emergencies**  
Ryan Telford, BSN, RN
- 2130-2145 **External Awards/Recognition Closing Remarks**  
Chad Olson, NRP/FP-C

\* Astera Health EMS awards will be presented at next meeting; CE certificates will be emailed to registered attendees or those on departmental combined sign in sheets.

Sponsored by:



FOR MORE INFORMATION, CONTACT:

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218-632-8738



## 39th Annual EMS Program

– HYBRID EVENT –  
**TUESDAY, MARCH 10**  
5-9 P.M.

**KARVONEN'S FUNERAL HOME**  
419 2nd St NE, Wadena, MN 56482



**Astera Health**  
EMERGENCY  
MEDICAL SERVICES

## Target Audience

**EMS Personnel:** First responders, emergency medical technicians, paramedics, emergency room nurses, emergency medical service educators and emergency personnel from fire and police departments are encouraged to attend.

This four-hour program is designed to provide education for personnel in the EMS system.

## Credits

This program meets criteria for continuing education established by the National Registry of EMTs for three continuing education hours. This course has been approved by the Peace Officers Standards and Training Board (POST) for continuing education credit. Officers are expected to keep a record of the continuing education courses they have attended and be able to verify their attendance. Online registration at [asterahealth.org/events](http://asterahealth.org/events) is required to receive credit for the three continuing education hours. Training vendors are encouraged to give officers a certificate of completion or other proof of completion for the officers' records. The proof of completion must contain the name of the training provider, course title, instructor name, date and hours attended.



## Program Faculty



**Chad Olson, NRP/FP-C**, began his career in emergency medical services in 2015 when he became an EMT and joined Astera Health. Since then, he has pursued continued professional development, earning certifications as a DOT and AHA instructor. In addition to his work in EMS, Chad has been a dedicated member of the Clarissa Fire Dept.

since 2012, where he has held multiple leadership roles and currently serves as a captain. He graduated with honors from the NDSCS Paramedic Program in 2021 and further advanced his expertise by obtaining his FP-C (Certified Flight Paramedic) certification in 2023. Chad currently serves as the EMS Manager at Astera Health, where he brings extensive experience, strong leadership, and a dedication to excellence in prehospital care.



**Tom Krueger, NRP/CP, CCEMT-P**, is the EMS Education and Emergency Management Coordinator for Astera Health. He is a 1991 graduate of Davenport College CSEMS in Grand Rapids, Michigan (Paramedic) and a 2022 graduate of SCTCC with an AAS in Paramedicine. Tom is also credentialed as a

Community Paramedic and Critical Care Paramedic (UMBC). He started his Paramedic career in Wisconsin and then moved to Chicago where he served as a Paramedic Officer with the Cicero Fire Department and an EMS Instructor and Field Preceptor for the Loyola University EMS System. Tom has served in EMS, Law Enforcement, the Fire Service, and Emergency Management over a 35-year career. In addition to his role at Astera Health, Tom enjoys doing outreach education with the CALS Program in the greater Minnesota area.



**Rachel Redig, MD**, has been an emergency room physician at Astera Health since 2017. Dr. Redig serves as Chief of Staff, Medical Director of the emergency department, Medical Director of EMS, and on the Astera Health Board of Directors. She attended the University of North Dakota School of Medicine and Health Sciences and completed her

residency at Grand Rapids Medical Education Partners in Michigan. Board certified in Emergency Medicine for 10-plus years.

# 39th Annual EMS Program

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
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Email: \_\_\_\_\_

Organization/Employer:  
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| <input type="checkbox"/> EMT             | <input type="checkbox"/> Police       |
| <input type="checkbox"/> Paramedic       | <input type="checkbox"/> Fire         |
| <input type="checkbox"/> RN              | <input type="checkbox"/> Other: _____ |

**FREE Event!**

Scan below to register:



Visit [asterahealth.org/events](http://asterahealth.org/events)  
to view the virtual event

If any questions, please contact:  
**Tom Krueger / EMS Department**  
[thomas.krueger@asterahealth.org](mailto:thomas.krueger@asterahealth.org) 218-632-8738