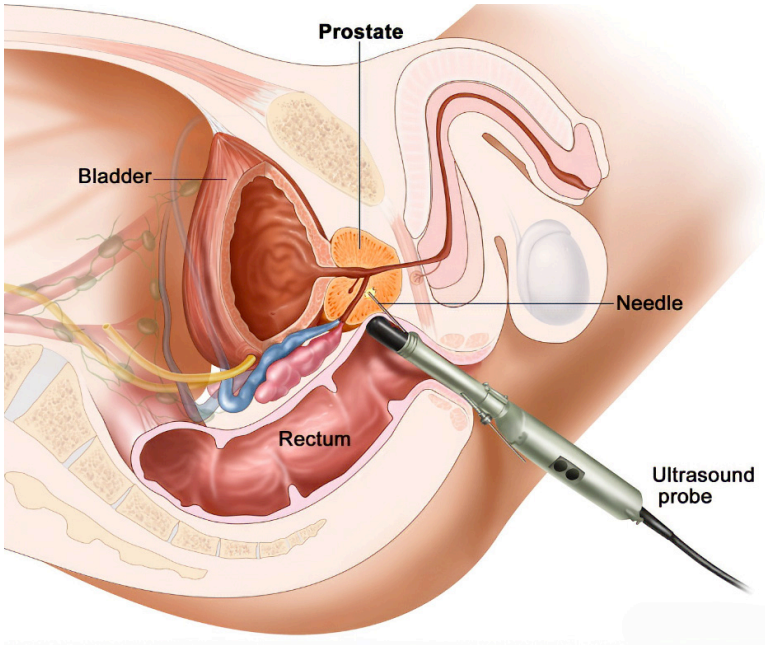
Prostate Ultrasound and Biopsy Procedure



PREPARING FOR YOUR PROCEDURE:

Do not take **Ibuprofen, Advil, Motrin, Aleve, Naproxen or Excedrin** for 7-10 days before the procedure.

If you take **aspirin, coumadin or Plavix**, please contact your primary care provider for stopping/starting instructions for this procedure.

Tell your doctor if you have any bleeding problems.

There are no dietary restrictions on the day of the procedure. We encourage a light breakfast or lunch prior to the procedure.

You may take Tylenol 1-2 hours before the procedure.

You may be asked to obtain a fleets enema at your pharmacy and adminster it at home prior to the procedure.

You may be prescribed antibiotics to take before, the day of and the day after the procedure, will be sent to pharmacy of choice.

THE PROCEDURE (done in Radiology):

Come with a full bladder as you may need to leavea urine sample with the lab.

You will be given antiobiotics upon arrival to radiology.

You will lay on y our left side.

Analgesic gel is administered, and a small probe is inserted into the rectum.

The rectal lining will then be numbed before biopsies are completed.

Pictures and measurements are taken along with biopsies.

The procedure should last 10-20 minutes.

AFTER PROCEDURE:

A driver is not needed, but is recommended to have someone drive if you take a narcotic or sedative either before/after your procedure.

You may be prescribed antiobiotics, take as prescribed.

Blood may be noted in the stool, urine and/or semen for up to a month after the procedure.

Results will be completed within 7-10 business days and our office will contact you when they have been reviewed by your provider. If an abnormality is found on the biopsy, we will call you to schedule a follow-up visit with your provider to discuss treatment options.

RISKS AND POSSIBLE COMPLICATIONS:

Fever over 100.4.

Urinary retention/trouble urinating.

Excessive bleeding from your rectum or urethra.

Muscle aches or excessive tiredness.

IF THESE OCCUR, CALL YOUR DOCTOR:

Astera Health Urology at 218-631-7590
Hours: Monday - Friday 8 a.m. - 4:30 p.m.
After hours, please call 218-631-7470 for the Hospital/ER

THINGS TO KNOW

Transportation home. A driver is not needed, but is recommended to have someone drive if you take a narcotic or sedative either before/ after your procedure.

Where to park. Astera Health is located at 421 11th St. NW in Wadena. Please park in the Clinic parking lot and enter through the Clinic door.

If you are sick the day before your procedure. If you have a cold, fever, cough, runny nose, sore throat or vomiting the day before your procedure, please call **218-631-7466**. For your safety, we may need to reschedule your procedure.

We're always here to help. If you have questions or concerns about your procedure, please call **218-631-7590**.

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